HUMANS OF DIGITAL HEALTH
LGBTQI individuals in Nigeria are especially vulnerable to discrimination in healthcare, from humiliation and harassment to denial of necessary medical care. To avoid mistreatment, LGBTQIA+ people delay and sometimes forgo medical care, increasing their risk of further physical and mental health conditions like depression, chronic diseases, substance use, and suicidality. In my story, we hear from the LGBTQI community how digital health could help provide them with important health information and reduce the discrimination they face.
My country

Kenya

My story

My story focuses on the mental health issues young people face and how to help using digital platforms.

what inspired me?

I held conversations with my peers and realized they were going through so many physical and emotional health challenges and didn’t have enough psychological support at their disposal. So I imagined a health application that my peers and other young people can use in the comfort of their homes and in all confidentiality to seek the support they need.

view my story

https://www.youtube.com/watch?v=niDv8wy9NaY

connect with me

@cgariette

Cliffton Afande

@cgariette

Cliffton Afande Sigari

Digital Marketing and Software Design
Anjelou Marie Estrella
Senior Implementation Manager - reach52

Philippines

Digital solutions are critical in improving the healthcare system in developing countries. Most of the communities I am working with are based in rural areas where access to healthcare services is limited. As a public health advocate, I want to share the positive impact of utilizing technology in service delivery network.

what inspired me?

HUMANS OF DIGITAL HEALTH

https://www.youtube.com/watch?v=VuHuLWlsQ&t=42s

Anjeloumarie.estrella
@anjelouestrella
Anjelou Marie Estrella
@hamjelou

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Samuel Nii Lartey Lamptey
Social Worker

This idea was inspired by the recent increase in teenage pregnancy cases in Ghana. One of the many causes of teenage pregnancy in Ghana is the lack of timely and accessible information for young people. So my story focuses on how my team and I use interactive theatre performances to show teenagers how they can access reproductive health information and services via mobile health applications.

Using interactive theatre performances to empower young people to access information on reproductive health on their mobile phones.

https://www.youtube.com/watch?v=CfCkteABlwg

Samuel Lamptey (Nii Lante)
@sam_lamp
@SamuelLamptey

connect with me
Inequitable access to health services between rural and urban India inspired my story. We are currently working on deploying digital ECG machines at Primary and Community health centers across India. This will provide access to ECG and specialist doctors at the peripheries. We are in the process of deploying over 100 machines in the next month which will provide access to almost 3 million people in rural areas.
Kalala Roland Kongolo
Medical Student & Co-Founder - Medicab

We got inspired from a true story of a women losing her child because the lack of ambulances. I wished to show how technology, AI and digital tools can solve such problems and improve quality of life.

Democratic Republic of Congo

Using technology and AI to strengthen Medical Emergency transport in Africa to reduce maternal and child death

what inspired me?

my country

my story

view my story

Roland Kongolo
@Roland Kongolo
Roland Kongolo
@motombay

https://www.youtube.com/watch?v=DBcuW4w0Y9I

connect with me
Canada

My project explores some of the positive functions of social media for youth mental well-being, which tend to be rarely discussed in the mental health space.

For me, digital health is not only about cutting-edge technology and gadgets that facilitate medical care, but also the many ways in which everyday technologies affect our health more holistically. Digital technologies are a determinant of health that impacts everyone, and these impacts are highly contextual.

@_shannonthom

connect with me

view my story


Shannon Thom
HIV Program Coordinator

my story

what inspired me?
Ernest Kyei
Research Assistant

Ghana
Creating stress-free access to quality health care

The struggles immigrants and other natives have to go through to get health care in different countries due to inaccessible health history, language barrier, the wrong diagnosis inspired my idea. My story imagines a digital health application, where all my medical history is stored. I can then share this information with any health worker who can access accurate medical records and provide me with the correct diagnosis.

what inspired me?

https://www.youtube.com/watch?v=2V_wzYOvqvA

Ernest Ohene Kyei
@ernest_kyei_official
Ernest Kyei
@Ohene_Dextro

connect with me
Dr. Gideon Assan
Medical Doctor

Ghana

Digital innovations for achieving Universal Health Coverage (UHC 2030) – The Ghana Story

First, to place the digital health ecosystem in Ghana in focus on attracting the necessary policy interventions and investments and second so that other young people, especially entrepreneurs, are inspired to go into digital health to help build a more holistic, equitable health system in Ghana.

what inspired me?

https://www.youtube.com/watch?v=m6RgMXoNoY4

Assan Gideon
@dr.assan
Gideon Assan
@gid_gido

connect with me

view my story
India

Exploring the impact of social media on the mental health of young Indian women and girls.

Experiences of women around me, my friends, colleagues, acquaintances, mine too. While social media is wonderfully used as a tool for networking, connection and business, the mental health impact on women in India has largely gone unaddressed. It is only fair that we bring to the forefront, stories and experiences of these women to a global platform.

Tanvi Nair
Content & Strategy Manager

@tanvi_unladylike

https://www.youtube.com/watch?v=UaZINjNhTEA

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